And the truth shall set you free...

Mindy Fullilove, MD
April 23, 2013
MAD PLUGUES
THE PROBLEMS IN OUR CITIES
FROM THE BOOK:
URBAN ALCHEMY
BY MINDY FULLILOVE

SHRINKING SPACES
<< (...) planned shrinkage and other anti-urban policies had led to a step-wise collapse from integration to disintegration (Fullilove 1993). >>

FRACTURES
<< "If we want to improve life in those neighborhoods, we can't just treat the neighborhoods. We have to remove the chasm that is dividing the poor neighborhoods from the other parts of the city. Doctors know that if you want to treat a boil on the skin you have to treat the whole body. It's the same for the city. If we want to solve the problems of the poor neighborhoods we must treat the whole city. We must eliminate the fracture." >>
Mindy Fullilove quotes Michel Cantal-Dupart

THE SORTED OUT CITY
<< The sorted-out city is a dysfunctional city, plagued by illness and paralyzed in the face of problems. These ills are not just the sorry fate of those at the bottom of the pyramid, but a trap for our whole society. Inherent inequality gives birth to universal problems. This is a surprise for most of us, as we tend to think that our "group" offers a protection from the problems of other "groups." >>

ILLNESS
<< It was evident to me that people were profoundly shaped by their environments. If we wanted to have healthy people, we had to have healthy neighborhoods. >>

FENCES

MICHEL CANTAL-DUPART TEACHES US GOOD ARCHITECTURE

**FROM THE BOOK: URBAN ALCHEMY BY MINDY FULLLOVE**

**CREATE PLACES TO GATHER**
<< In my view, the key to city life is making the public space beautiful and attractive—in the sense of pulling people in. Once they’re pulled in and using the space together, the action of the city will start to work. >>

**CREATE MEANINGFUL SPOTS**
(history of a place)
<< The pitcher cries for water and a person for work that is real >>

**CONNECT PLACES**

**CREATE CENTERS AND POINTS OF REFERENCE**
<< Cantal had tackled the same problems we had seen in the other cities: the lack of a center, a weak area surrounding that center, and hidden assets that were disconnected from one another. He had made a center, strengthened the back, connected the parts, and revealed hidden treasures. He had inserted social housing without denigrating it. He used a principle tool of French landscape design, the creation of perspective, to give the space order and connection. >>

**MAKE GLORIOUS SETTINGS**
<< People will gather to pay tribute and they will have more fun if they have some room, and they’re away from the traffic.” (...) I made a park to provide a glorious setting for town events.” >>

**TEAR FENCES DOWN**
<< I told them to tear down the fence and create an elegant entrance so that the housing project is connected to the larger city. That wasn’t what they wanted to hear, but it’s what is right. >>

**PROVIDE SERVICES**
(ex. parkings)
<< ‘That’s the first problem,” Cantal said. “They need to reveal their assets.” People driving by couldn’t see the church and weren’t drawn to stop. “These roadside towns need to invite people to stop—that’s how they survive.” >>
WE NEED A BIG TABLE for the Collaboration of residents, politicians, designers, funders, business, industry, education, religion, community services, city services, and others.

PIVOT: from self-centered fear to other-focused confidence

Mindy. 4.4.13
Learning the story helps the pivot

A story of Pittsburgh...

**ROOT SHOCK**
How Tearing Up City Neighborhoods Hurts America, and What We Can Do About It

Mindy Thompson Fullilove, M.D.

"By practising good science in a fallow field, Fullilove illuminates her chosen subject and also transcends it."
—JANE JACOBS, author of The Death and Life of Great American Cities

A story of Baltimore...

**RACE, CLASS, POWER, AND ORGANIZING IN EAST BALTIMORE**
Rebuilding Abandoned Communities in America

MARISELA B. GOMEZ
WE NEED A BIG TABLE for the collaboration of residents, politicians, designers, funders, business, industry, education, religion, community services, city services, and others.
nine key elements for community repair: