SDH2019: Community Planning Meeting  
December 19, 2018

Group 1: Child/Youth

A) What elements are necessary to ensure things are flourishing? **Physical exercise/Fitness**

What evidence-based programs are working to ensure these elements exist? (both locally and nationally)

1. Squashwise
2. YMCA mobile – It was brought up that the YMCA was in conversation (not sure if this came to fruition) about creating a mobile fitness play area. The plan is/was to go to neighborhoods that had children that weren’t attending camps during the summer and set up areas where youth/children can enjoy fitness and outdoor recreational activities.
3. Play works – Does organized recess
4. Kaboom – Builds playgrounds around Baltimore City for children

Other suggestions/ideas: There is a Baltimore running group and children in the area have started to run with this group. More running and exercise related activities should be implemented for youth. Such as a Baltimore 5K for children.

B) What elements are necessary to ensure things are flourishing? **Mental/Physical Health**

What evidence-based programs are working to ensure these elements exist? (both locally and nationally)

1. Presley Ridge – Mental Health Services
2. House of Ruth – Mental Health Services
3. Shepherds Clinic on Kirk Ave. – Provides health care to those not insured/underinsured
4. Life Bridge Health

C) What elements are necessary to ensure things are flourishing? **Education/School Attendance**

What evidence-based programs are working to ensure these elements exist? (both locally and nationally)

1. Thread: Program that supports kids who are most likely to drop out
2. Digital Harbor Foundation Tech Center: They have a program working with youth through a number of activities including artistic and creative activities. One activity mentioned: Students made lanterns and sold them at an event to raise money for the House of Ruth.
3. Living Classrooms
4. Walking School Buses in Baltimore City – Educators going to homes and walking with students in groups to school to ensure attendance
5. Frederick Elementary
6. Commodore John Rogers – Has a partnership with Living Classrooms. They have a good attendance incentive program. If students reach 95% attendance rate they are able to go to local stores/restaurants and receive free or discounted items. (Example: Walking in to the local restaurant and receive free French fries)

Issues raised: Many Baltimore City students don’t have buses (hence the need for walking buses). It was raised amongst the group that school attendance rates drop significantly when it rains and it was shared that students have said it is because they lack proper weather attire such as umbrellas, rain coats, rain boots etc. to travel to school in rain.

D) What elements are necessary to ensure things are flourishing? Housing/Homeless Youth

What evidence-based programs are working to ensure these elements exist? (both locally and nationally)

Youth Empowerment Society (YES)

Restoration Gardens – 43-unit apartment complex in Southern Park Heights for young adults

Conversation: Stable Housing for kids can impact their health and education

E) What elements are necessary to ensure things are flourishing? Employment

What evidence-based programs are working to ensure these elements exist? (both locally and nationally)

1. Noisy Tenants/Lemonade in partnership with Greenmount Recreation Center
2. Project Jump Start Training (known as Youth Build in Philly)
3. Program through Filbert Street Garden has a Compost Collective program, youth go to different locations to collect scraps for composting
4. Workforce Services Youth (age 18-24)
5. Latin America Youth Center PROMOTOR PATHWAY® MODEL
6. Urban Alliance – Provides Internships for youth and teach them soft skills

Additional suggestions/ideas: Baltimore is #1 in Opportunity Score for youth. A suggestion was made that a Survey Monkey be created and sent out so people can plug in opportunities they are aware of in Baltimore and a roster or directory created afterwards to keep track of who in Baltimore is doing work with opportunity youth.

Resources for Opportunity Youth: Sherida Harrison (attendee of meeting), local libraries, and students in Baltimore.
F) What elements are necessary to ensure things are flourishing?  **Food Access + Environment**

What evidence-based programs are working to ensure these elements exist? (both locally and nationally)

1. Farm Alliance of Baltimore Strength to Love Program
2. Park Heights Community Health Alliance has a healthy cooking demo program
3. Living Classrooms – Bugs program, it is an after school Urban Garden program for youth
4. Dr. Hebert Brown – Black Church Food Security Network
5. Tree Planting Program

G) What elements are necessary to ensure things are flourishing?  **Mentorship**

What evidence-based programs are working to ensure these elements exist? (both locally and nationally)

1. Urban League of Baltimore – They have a Saturday Leadership School for Baltimore City youth. They do college tours and pair them with mentors who are members of the Urban League. There also have a tutoring program that is run out of the Urban League Headquarters in Baltimore.
2. Maryland Mentor Program

H) What elements are necessary to ensure things are flourishing?  **Churches**

What evidence-based programs are working to ensure these elements exist? (both locally and nationally)

1. Agape House
2. Intersection of Change: Strength to Love 2
3. Goodwill Industries of the Chesapeake
4. Maryland Family Network
5. Baltimore’s Promise

Children and Adolescents:

- Agape House: afterschool activities, age 13-18, tutoring, tree planting
- Athletic programs
- Baltimore’s Promise
- Compass Collective: gardening and healthy cooking
- DRU/Mondawmin Healthy Families, Inc.
- Intersection of Change: Strength to Love
- Latin American Youth Center in Washington, DC
- Maryland Family Network (Mother/Baby)
- Mentorship programs:
  - Mentorship Maryland
• Naomi Gieser Memorial Highlandtown Preschool at Breath of God Lutheran Church, Pastor Mark Parker and Sara Evjen, Director
• Playgrounds and mobile fitness
• Pressley Ridge Parent Child Foster Care and TFC Programs
• Security Network
• Thread
• Youth as Resources
• Youth Mental Health programs
• YouthBuild Philly – YouthBuild Philadelphia Charter School
Group 2 : Adults/Seniors

General question: What is “evidence-based”?
- Ernest spoke about the phenomenon of groups that are doing good work, but don’t have the capacity or know-how to study or track outcomes, impact, or trends.
- Does “evidence-based” have to have a scientific definition?

Question: What is “affordable”? (i.e. in reference to housing, or general living)

Adults

Main themes raised:
- Employment
- Childcare
- Education
- Housing

Programs:
1. Turnaround Tuesdays
   a. Part of BUILD
   b. People development
   c. Works in a pipeline, not just training
2. Men and Families Center
3. MOSAIC – SBIRT
   a. Specifically, the program at UMD downtown
   b. Peer to Peer Recovery Group
      i. Diane: “This is the first time I’ve had hope that we can tackle addiction”

Programs related to education:
1. Community schools
2. There is a new policy that requires community college in Baltimore is free for Baltimore residents

Programs related to housing support/home ownership:
1. Enterprise Homes
2. Live Baltimore
3. Harbel
4. Charm City Land Trust
5. Govans Ecumenical Development Corporation (GEDCO)
6. Belair/Edison Community Organization
7. Center for Urban Families
8. Habitat for Humanity
Seniors

1. Social Supports, positive relationships, support system
   a. Theme of intergenerationality came up a few times
      i. Interaction with younger people for feelings of “rejuvenation”
   b. Some seniors feel strongly about wanting or not wanting to interact with young people
      i. Senior housing was popular because seniors have similar lifestyles and some became upset when senior housing became available to those with disabilities because they had different lifestyles that didn’t fit in as well
   c. There used to be a great interest in neighborhood beautification, led by seniors
      i. Blocks were clean
      ii. The idea of gardening as an overarching activity came up a few times
      iii. Some seniors are strongly against trees for various reasons
      iv. Many of these initiatives have stopped or slowed down
   d. Programs:
      i. Creative Alliance
      ii. Tree Baltimore (gives free trees)
      iii. Someone mentioned reading programs that focus on younger people read to seniors or vice versa
      iv. Amazing Grace has a program for seniors as well.

2. Seniors are raising their own grandchildren
   a. This causes stress, which people aren’t trained to understand or respond to
   b. The stress of raising grandchildren can make illness worse

3. Sexual Health
   a. Issues are medical adherence, timeliness of information, etc.
   b. Because there are more senior-only communities, STIs increase
   c. There is also intergenerational sex, so sexual education for all age groups is important
   d. The risk associated with STIs increases as you get older, so morbidity is high among older adults
   e. Programs:
      i. OWEL
      ii. Planned Parenthood has catered curriculum for seniors
   f. People:
      i. Dorcas Baker is a good resource for seniors and health.

4. Mobility/aging in place
   a. Accessibility is important (chair yoga, walking groups)
   b. Programs:
      i. YogaWorks
      ii. STAR has movement coaches that do this work (Randi works at STAR)

5. Other themes brought up, but did not discuss at length:
   a. Increasing spare time, currently there are no activities to fill up time with.
   b. Looking to seniors as resources of wisdom/pride
   c. Chronic disease
6. **Other Programs that we discussed:**
   a. **Civic Works**
      i. The HUBS program, it is a part of Civic Works
   b. **Experience Corp**

What suggestions did the youth/children group have for adults/seniors?
- Programs that relate to families
- Access to quality healthcare
- Movement programs
- Beautification
- Foster-grandparents
- Adults and kids going to/from school together

What suggestions did the adults/seniors group have for youth/children?
- Education
- Safety
- Intergenerationality
- Sexual health
- Seniors raising grandchildren

**Programs:**

**Adults and Seniors:**
- Accountable Health Communities, Baltimore City Health Department
  - Below is a contact for this program: Kate Talbert, Project Director, kate.talbert@baltimorecity.gov
    Description: Innovative project funded by CMS for 5 years. The goal is to have all Baltimore City Hospitals screen patients for social determinants of health and connect high-need patients to navigation services for connection to resources. Kate would love to present at the Symposium.
- Goodwill Industries of Chesapeake (Workforce)
- Health Leads
- Mosaic Group SBIRT
- Programs around the country that try to connect elderly people with young adults, college-age-ish, for living together: this reduces the cost of living for both, creates a social connection, and more
- Thread
- Turnaround Tuesday (BUILD/Zion Baptist Church)
- U.S. Department of Housing and Urban Development (HUD) Field Office Director Carol Bryant Payne

**Adults and Seniors:**
- After wrap up concept – intergenerational, Peabody students getting free housing in senior building (in the news – Baltimore Sun, October 2016)
Keynote or other Speakers:

- Dr. Camara Jones (Morehouse School of Medicine) and Dr. Zachary Dezman (UMMS)
- Pastor Marshall F. Prentice (Zion Baptist Church)
- Rev. Andrew Foster Connors (Brown Memorial Park Avenue Presbyterian Church)
- Dr. Stephen B. Thomas, UMD School of Public Health
- Dr. Heber M. Brown, III, the Senior Pastor of Pleasant Hope Baptist Church
  - recommended by 2 people
- Colin Powell
- Freeman Hrabowski, UMBC
- Mike Fazio
- Sadiq Ali, Mentorship MD
- Dr. LaMarr Darnell Shields
- Congressman Elijah Cummings
- Destiny Watford
- Victor Blackwell – CNN News Anchor
- Patricia Fosarelli – Doctor (Faith and Healing) and is the Associate Dean of Seminary for Spirituality and Health, St. Mary’s
- Rashad Mills – Mental Health Therapist at the Baltimore City Juvenile Justice Center
- Dr. Dan Hale
- From OWEL: Dorcas Baker, Melanie Reese, and Stephanie Brooks-Wiggins
- Joseph Joe Jones
- Dr. Karen Brown, youth/ex-offenders, community forum